

RUNNING ORDER OF THE 2018 IFBB DIAMOND CUP MADRID

FRIDAY, MAY 25th, 2018

10:00 – 20:00 – Official Athlete Registration - Alcala Plaza Hotel

18:00 – Team Managers and Judges Meeting - Alcala Plaza Hotel

SATURDAY, MAY 26th, 2018 - IES Antonio Machado College

09:30 - 17:30 – ONE CONTINUOUS SESSION

(MEN'S PHYSIQUE 170 CM, 173 CM, 176 CM, 179 CM, 182 CM, +182 CM; WOMEN BODYFITNESS 163 CM, 168 CM, +168 CM; MEN CLASSIC BODYBUILDING 171 CM, 175 CM, 180 CM, + 180 CM; WOMEN WELLNESS FITNESS OPEN; WOMEN PHYSIQUE OPEN)

(If there are 6 or less athletes in a category, there will be no prejudging round)

It's athletes responsibility to be backstage before their category starts. Please be aware that some categories might run very fast, so athletes must be long in advance ready at the venue

1. Men Physique up to 170 cm Elimination Round (if >15)
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
2. Men Physique up to 173 cm Elimination Round (if >15)
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
3. Men Physique up to 176 cm Elimination Round (if >15)
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage

4. Men Physique up to 170 cm Semifinals Round 1
(4 Quarter Turns + Comparisons) > List of the Finalists backstage
5. Men Physique up to 173 cm Semifinals Round 1
(4 Quarter Turns + Comparisons) > List of the Finalists backstage
6. Men Physique up to 176 cm Semifinals Round 1
(4 Quarter Turns + Comparisons) > List of the Finalists backstage

7. Men Physique up to 170 cm Finals Round 2
(Individual Presentations + 4 Quarter Turns x 2)
8. Men Physique up to 173 cm Finals Round 2
(Individual Presentations + 4 Quarter Turns x 2)
9. Men Physique up to 176 cm Finals Round 2
(Individual Presentations + 4 Quarter Turns x 2)

- VICTORY CEREMONY:**
 - MEN PHYSIQUE 170 CM**
 - MEN PHYSIQUE 173 CM**
 - MEN PHYSIQUE 176 CM**

10. Women Bodyfitness 163 cm Elimination Rounds (if >15)
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
11. Women Bodyfitness 168 cm Elimination Rounds (if >15)
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
12. Women Bodyfitness +168 cm Elimination Rounds (if >15)
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage

13. Women Bodyfitness up to 163 cm Semifinals Round 1
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage

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| 14. Women Bodyfitness up to 168 cm
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage | Semifinals | Round 1 |
| 15. Women Bodyfitness up to +168 cm
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage | Semifinals | Round 1 |
| 16. Women Bodyfitness up to 163 cm
(I-walking + 4 Quarter Turns x 2) | Finals | Round 2 |
| 17. Women Bodyfitness up to 168 cm
(I-walking + 4 Quarter Turns x 2) | Finals | Round 2 |
| 18. Women Bodyfitness +168 cm
(I-walking + 4 Quarter Turns x 2) | Finals | Round 2 |
- VICTORY CEREMONY:**
- WOMEN BODYFITNESS 163 CM
- WOMEN BODYFITNESS 168 CM
- WOMEN BODYFITNESS +168 CM
19. **WOMEN BODYFITNESS OVERALL + VICTORY CEREMONY**
(4 Quarter Turns x 2)
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| 20. Men Physique up to 179 cm
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage | Elimination Round (if >15) |
| 21. Men Physique up to 182 cm
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage | Elimination Round (if >15) |
| 22. Men Physique over 182 cm
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage | Elimination Round (if >15) |
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| 23. Men Physique up to 179 cm
(4 Quarter Turns + Comparisons) > List of the Finalists backstage | Semifinals | Round 1 |
| 24. Men Physique up to 182 cm
(4 Quarter Turns + Comparisons) > List of the Finalists backstage | Semifinals | Round 1 |
| 25. Men Physique over 182 cm
(4 Quarter Turns + Comparisons) > List of the Finalists backstage | Semifinals | Round 1 |
| 26. Men Physique up to 179 cm
(Individual Presentations + 4 Quarter Turns x 2) | Finals | Round 2 |
| 27. Men Physique up to 182 cm
(Individual Presentations + 4 Quarter Turns x 2) | Finals | Round 2 |
| 28. Men Physique over 182 cm
(Individual Presentations + 4 Quarter Turns x 2) | Finals | Round 2 |
- VICTORY CEREMONY:**
- MEN PHYSIQUE 179 CM
- MEN PHYSIQUE 182 CM
- MEN PHYSIQUE OVER 182 CM
29. **MEN PHYSIQUE OVERALL + VICTORY CEREMONY**
(4 Quarter Turns x 2)
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| 30. Men Classic Bodybuilding up to 171 cm
(4 Compulsory poses in groups of 5) > List of the Semifinalists backstage | Elimination Round (if >15) |
| 31. Men Classic Bodybuilding up to 175 cm
(4 Compulsory poses in groups of 5) > List of the Semifinalists backstage | Elimination Round (if >15) |
| 32. Women Wellness Fitness open
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage | Elimination Rounds (if >15) |

33. Men Classic Bodybuilding up to 171 cm Semifinals Round 1
(4 Quarter Turns + 4 Compulsory poses in groups of 5, Comparisons) > List of the Finalists backstage
34. Women Wellness Fitness open Semifinals Round 1
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage
35. Men Classic Bodybuilding up to 175 cm Semifinals Round 1
(4 Quarter Turns + 4 Compulsory poses in groups of 5, Comparisons) > List of the Finalists backstage
36. Men Classic Bodybuilding up to 171 cm Finals Round 2
(7 Compulsory poses x 2 + Posedown)
37. Men Classic Bodybuilding up to 171 cm Finals Round 3
(Posing Routines – 60 sec.)
38. Women Wellness Fitness open Finals Round 2
(I-walking + 4 Quarter Turns x 2)
39. Men Classic Bodybuilding up to 175 cm Finals Round 2
(7 Compulsory poses x 2 + Posedown)
40. Men Classic Bodybuilding up to 175 cm Finals Round 3
(Posing Routines – 60 sec.)
- VICTORY CEREMONY:**
- MEN CLASSIC BODYBUILDING 171 CM
- MEN CLASSIC BODYBUILDING 175 CM
- WOMEN WELLNESS FITNESS OPEN
41. Men Classic Bodybuilding up to 180 cm Elimination Round (if >15)
(4 Compulsory poses in groups of 5) > List of the Semifinalists backstage
42. Men Classic Bodybuilding over 180 cm Elimination Round (if >15)
(4 Compulsory poses in groups of 5) > List of the Semifinalists backstage
43. Women's Physique open Elimination Round (if >15)
(4 Compulsory Poses in groups of 5) > List of the Semifinalists backstage
44. Men Classic Bodybuilding up to 180 cm Semifinals Round 1
(4 Quarter Turns + 4 Compulsory poses in groups of 5, Comparisons) > List of the Finalists backstage
45. Men Classic Bodybuilding over 180 cm Semifinals Round 1
(4 Quarter Turns + 4 Compulsory poses in groups of 5, Comparisons) > List of the Finalists backstage
46. Women's Physique open Semifinals Round 1
(4 Quarter Turns + 4 Compulsory Poses in groups of 5 + Comparisons) > List of the Finalists backstage
47. Men Classic Bodybuilding up to 180 cm Finals Round 2
(7 Compulsory poses x 2 + Posedown)
48. Men Classic Bodybuilding up to 180 cm Finals Round 3
(Posing Routines – 60 sec.)
49. Women's Physique open Finals Round 2
(4 Compulsory Poses x 2 + Posedown)
50. Women's Physique open Finals Round 3
(Posing Routines – 60 sec.)
51. Men Classic Bodybuilding over 180 cm Finals Round 2
(7 Compulsory poses x 2 + Posedown)
52. Men Classic Bodybuilding over 180 cm Finals Round 3
(Posing Routines – 60 sec.)
- VICTORY CEREMONY**
- MEN CLASSIC BODYBUILDING UP TO 180 CM
- MEN CLASSIC BODYBUILDING +180 CM
- WOMEN'S PHYSIQUE OPEN

53. **MEN CLASSIC BODYBUILDING OVERALL + VICTORY CEREMONY**
(7 Compulsory poses x 2 + Posedown)

SATURDAY, MAY 26th, 2018
18:30 – ELITE PRO SPAIN
ONE CONTINUOUS SESSION

SUNDAY, MAY 27th, 2018 - IES Antonio Machado College
09:30 – (20:30?) - ONE CONTINUOUS SESSION

**(JUNIOR WOMEN BIKINI FITNESS OPEN; JUNIOR MEN PHYSIQUE OPEN;
MASTER WOMEN BIKINI FITNESS OPEN; MASTER WOMEN BODYFITNESS
OPEN; MASTER MEN BODYBUILDING 40-49 YEARS, +50 YEARS; WOMEN'S
BIKINI-FITNESS 158 CM, 160 CM, 162 CM, 164 CM, 166 CM, 169 CM, 172 CM,
+172 CM; MUSCULAR MEN'S PHYSIQUE OPEN; MEN BODYBUILDING 80 KG,
85 KG, 90 KG, 100 KG, +100 KG)**

(If there are 6 or less athletes in a category, there will be no prejudging round)

It's athletes responsibility to be backstage before their category starts. Please be aware that some categories might run very fast, so athletes must be long in advance ready at the venue

1. Junior Women Bikini Fitness open Elimination Rounds (if >15)
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
 2. Junior Men Physique open Elimination Round (if >15)
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
 3. Master Women Bikini Fitness open Elimination Rounds (if >15)
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
 4. Master Women Bodyfitness open Elimination Rounds (if >15)
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage

 5. Junior Women Bikini Fitness open Semifinals Round 1
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage
 6. Junior Men Physique open Semifinals Round 1
(4 Quarter Turns + Comparisons) > List of the Finalists backstage
 7. Master Women Bikini Fitness open Semifinals Round 1
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage
 8. Master Women Bodyfitness open Semifinals Round 1
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage

 9. Junior Women Bikini Fitness open Finals Round 2
(I-walking + 4 Quarter Turns x 2)
 10. Junior Men Physique open Finals Round 2
(Individual Presentations + 4 Quarter Turns x 2)
 11. Master Women Bikini Fitness open Finals Round 2
(I-walking + 4 Quarter Turns x 2)
 12. Master Women Bodyfitness open Finals Round 2
(I-walking + 4 Quarter Turns x 2)
- VICTORY CEREMONY:**
- JUNIOR WOMEN BIKINI FITNESS OPEN
 - JUNIOR MEN PHYSIQUE OPEN
 - MASTER WOMEN BIKINI FITNESS OPEN
 - MASTER WOMEN BODYFITNESS OPEN
13. Master Men Bodybuilding 40-49 years Elimination Round (if >15)
(4 Compulsory Poses in groups of 5) > List of the Semifinalists backstage

14. Master Men Bodybuilding over 50 years Elimination Round (if >15)
(4 Compulsory Poses in groups of 5) > List of the Semifinalists backstage
15. Master Men Bodybuilding 40-49 years Semifinals Round 1
(4 Quarter Turns + 4 Compulsory poses in groups of 5, Comparisons) > List of the Finalists backstage
16. Master Men Bodybuilding over 50 years Semifinals Round 1
(4 Quarter Turns + 4 Compulsory poses in groups of 5, Comparisons) > List of the Finalists backstage
17. Master Men Bodybuilding 40-49 years Finals Round 2
(7 Compulsory poses x 2 + Posedown)
18. Master Men Bodybuilding 40-49 years Finals Round 3
(Posing Routines – 60 sec.)
19. Master Men Bodybuilding over 50 years Finals Round 2
(7 Compulsory poses x 2 + Posedown)
20. Master Men Bodybuilding over 50 years Finals Round 3
(Posing Routines – 60 sec.)
- VICTORY CEREMONY:**
- MASTER MEN BODYBUILDING 40-49 YEARS
- MASTER MEN BODYBUILDING OVER 50 YEARS
21. **MASTER MEN BODYBUILDING OVERALL + VOCTORY CEREMONY**
(7 Compulsory poses x 2 + Posedown)
22. Women Bikini Fitness up to 158 cm Elimination Rounds (if >15)
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
23. Women Bikini Fitness up to 160 cm Elimination Rounds (if >15)
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
24. Men Bodybuilding up to 80 kg Elimination Round (if >15)
(4 Compulsory Poses in groups of 5) > List of the Semifinalists backstage
25. Women Bikini Fitness up to 158 cm Semifinals Round 1
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage
26. Men Bodybuilding up to 80 kg Semifinals Round 1
(4 Compulsory Poses in groups of 5, Comparisons) > List of the Finalists backstage
27. Women Bikini Fitness up to 160 cm Semifinals Round 1
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage
28. Women Bikini Fitness up to 158 cm Finals Round 2
(I-walking + 4 Quarter Turns x 2)
29. Men Bodybuilding up to 80 kg Finals Round 2
(7 Compulsory Poses x 2 + Posedown)
30. Men Bodybuilding up to 80 kg Finals Round 3
(Posing Routines – 60 sec.)
31. Women Bikini Fitness up to 160 cm Finals Round 2
(I-walking + 4 Quarter Turns x 2)
- VICTORY CEREMONY:**
- WOMEN BIKINI FITNESS 158 CM
- WOMEN BIKINI FITNESS 160 CM
- MEN BODYBUILDING 80 KG
32. Women Bikini Fitness up to 162 cm Elimination Rounds (if >15)
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
33. Women Bikini Fitness up to 164 cm Elimination Rounds (if >15)
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage

34. Men Bodybuilding up to 85 kg Elimination Round (if >15)
(4 Compulsory Poses in groups of 5) > List of the Semifinalists backstage
35. Women Bikini Fitness up to 162 cm Semifinals Round 1
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage
36. Men Bodybuilding up to 85 kg Semifinals Round 1
(4 Compulsory Poses in groups of 5, Comparisons) > List of the Finalists backstage
37. Women Bikini Fitness up to 164 cm Semifinals Round 1
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage
38. Women Bikini Fitness up to 162 cm Finals Round 2
(I-walking + 4 Quarter Turns x 2)
39. Men Bodybuilding up to 85 kg Finals Round 2
(7 Compulsory Poses x 2 + Posedown)
40. Men Bodybuilding up to 85 kg Finals Round 3
(Posing Routines – 60 sec.)
41. Women Bikini Fitness up to 164 cm Finals Round 2
(I-walking + 4 Quarter Turns x 2)
- VICTORY CEREMONY:**
- WOMEN BIKINI FITNESS 162 CM
- WOMEN BIKINI FITNESS 164 CM
- MEN BODYBUILDING 85 KG
42. Women Bikini Fitness up to 166 cm Elimination Round (if >15)
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
43. Women Bikini Fitness up to 169 cm Elimination Round (if >15)
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
44. Men Bodybuilding up to 90 kg Elimination Round (if >15)
(4 Compulsory Poses in groups of 5) > List of the Semifinalists backstage
45. Women Bikini Fitness up to 166 cm Semifinals Round 1
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage
46. Men Bodybuilding up to 90 kg Semifinals Round 1
(4 Compulsory Poses in groups of 5, Comparisons) > List of the Finalists backstage
47. Women Bikini Fitness up to 169 cm Semifinals Round 1
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage
48. Women Bikini Fitness up to 166 cm Finals Round 2
(I-walking + 4 Quarter Turns x 2)
49. Men Bodybuilding up to 90 kg Finals Round 2
(7 Compulsory Poses x 2 + Posedown)
50. Men Bodybuilding up to 90 kg Finals Round 3
(Posing Routines – 60 sec.)
51. Women Bikini Fitness up to 169 cm Finals Round 2
(I-walking + 4 Quarter Turns x 2)
- VICTORY CEREMONY:**
- WOMEN BIKINI FITNESS 166 CM
- WOMEN BIKINI FITNESS 169 CM
- MEN BODYBUILDING 90 KG
52. Women Bikini Fitness up to 172 cm Elimination Round (if >15)
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
53. Muscular Men Physique open Elimination Round (if >15)
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage

54. Men Bodybuilding up to 100 kg Elimination Round (if >15)
(4 Compulsory Poses in groups of 5) > List of the Semifinalists backstage
55. Women Bikini Fitness up to 172 cm Semifinals Round 1
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage
56. Muscular Men Physique open Semifinals Round 1
(4 Quarter Turns + Comparisons) > List of the Finalists backstage
57. Men Bodybuilding up to 100 kg Semifinals Round 1
(4 Compulsory Poses in groups of 5, Comparisons) > List of the Finalists backstage
- 58.
59. Women Bikini Fitness up to 172 cm Finals Round 2
(I-walking + 4 Quarter Turns x 2)
60. Muscular Men Physique open Finals Round 2
(Individual Presentations + 4 Quarter Turns x 2)
61. Men Bodybuilding up to 100 kg Finals Round 2
(7 Compulsory poses x 2 + Posedown)
62. Men Bodybuilding up to 100 kg Finals Round 3
(7 Compulsory poses x 2 + Posedown)
63. Men Bodybuilding over 100 kg Semifinals Round 1
(4 Compulsory Poses in groups of 5, Comparisons) > List of the Finalists backstage
- VICTORY CEREMONY:**
- **WOMEN BIKINI FITNESS 172 CM**
- **MUSCULAR MEN PHYSIQUE OPEN**
- **MEN BODYBUILDING 100 KG**
64. Women Bikini Fitness over 172 cm Elimination Round (if >15)
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
65. Men Bodybuilding over 100 kg Elimination Round (if >15)
(4 Compulsory Poses in groups of 5) > List of the Semifinalists backstage
66. Women Bikini Fitness over 172 cm Semifinals Round 1
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage
67. Men Bodybuilding over 100 kg Semifinals Round 1
68. (4 Compulsory Poses in groups of 5, Comparisons) > List of the Finalists backstage
69. Women Bikini Fitness over 172 cm Finals Round 2
(I-walking + 4 Quarter Turns x 2)
70. Men Bodybuilding over 100 kg Finals Round 2
(7 Compulsory poses x 2 + Posedown)
71. Men Bodybuilding over 100 kg Finals Round 3
(7 Compulsory poses x 2 + Posedown)
- VICTORY CEREMONY:**
- **WOMEN BIKINI FITNESS OVER 172 CM**
- **MEN BODYBUILDING OVER 100 KG**
72. **WOMEN BIKINI FITNESS OVERALL + VICTORY CEREMONY**
(4 Quarter Turns x 2)
73. **MEN BODYBUILDING OVERALL + VICTORY CEREMONY**
(7 Compulsory poses x 2 + Posedown)